



My Community Care Direct Health Care Centers For You and Your Family

My Community Care Membership

As part of the My Community Care, members now have the opportunity to receive treatment at direct health care centers throughout the United States. These locations offer medical care for injuries and illness, as well as preventive and health and wellness services. Services will vary depending on the health care center location.

There are no co-pays or deductibles for the services offered at the direct health care centers.

This program is **NOT** medical insurance but a membership program.

Injury and illness services offered at the selected centers include medical, injury care and urgent care. Preventive and health and wellness services include flu shots, travel health, physical exams and wellness programs.

My Community Care members with injuries or illnesses are treated at the direct health care centers, on walk-in basis, with no appointment necessary. Non-urgent injuries and illness will be treated within the normal flow of waiting patients to help reduce wait times.

Members wishing to schedule an appointment are urged to do so for exams that require additional paperwork and testing. Additional information and appointment scheduling details will be included in the new member information packet upon enrollment in the My Community Care membership.

Please note if you are experiencing a life-threatening illness or injury, you should go directly to an hospital emergency room.

My Community Care Direct Health Care Centers

Below are a few examples of the services that members of My Community Care can receive in any of the nationwide partner direct health care centers.

- Injury and illness visits / Work related injuries
- Lab and imaging services
- Annual. Work, School, Sports or DOT Physicals and Vaccinations
- Cold and flu / Strep Throat / Allergies
- Sprains / Back Pain / Strains
- Urinary Tract Infections
- Minor Burns
- Sinus infections / Ear infections / Eye infections / Bronchitis

Some services will vary depending on services offered at health care center locations.

Additional Benefits:

24 Hour Nurse / Doctor Hotline

You and your family receive five doctor consultation visits a year with CallMD and unlimited number of calls to the 24 hour nurse line.

Discount Prescription Card

- Receive discounts on generic and name brand drugs.
- No forms to fill out, no age limit and no pre-existing conditions
- Purchase a 90 day supply via mail and save even more.
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Discount on Physicians & Specialists away from Healthcare Centers

When members are seen at one of the My Community Care partner centers and require follow up with a specialist, such as a cardiologist, members utilize our Discount Health Network of physicians and receive discounted rates.



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AREA BOARD OF
REALTORS

No Deductibles or
Co-Payments

No Exclusions for
Pre-Existing
Conditions

*This membership
program is not
insurance.*

Additionally Included Community Care Benefits



Diagnostic Imaging and Lab

Utilize My Community Care nationwide lab partners and diagnostic imaging network for lab work and advanced radiologic procedures. Save 10-80% on MRI and CT scans. Multilingual customer service reps assist members with location selection and scheduling of diagnostic-imaging appointments.

Diabetic Care Supplies

Discount on diabetic supplies. Free glucose meter and monitoring service available.

Discount Chiropractic and Physical Therapy Services

Utilize Galaxy Health Network's nationwide network of 17,000 providers. Members enjoy a 25-30% discount on all treatment services and individualized treatment programs.

Preferred Vision Care - Discount Plan

- Save 5% to 60% on eyewear at over 12,000 locations.
- Save on LASIK surgery.
- Save 5% to 20% on replacement contact lenses through the mail order service.

Discount Dental Plan

- Average annual savings of \$1,200 per family on dental work
- Savings of 20% to 50% on most dental procedures, including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns
- Savings of 20% on orthodontics for both children and adults
- Savings of 20% on normal fees for all specialties – including endodontics, oral surgery, orthodontics, pediatric dentistry, periodontics and prosthodontics – where available
- Access to over 78,000 dental access points

Membership Rate: \$89 a month for Member or Member, Spouse & Children.

In short, virtually any medical condition that requires immediate attention, but isn't an emergency, can be treated at a Community Care Direct Health Care Center. Community Care providers are experienced in treating both simple and complex cases.

If you are experiencing a life-threatening illness or injury, you should go directly to an emergency room.

My Community Care is an organization established to provide information and support regarding the growing needs of today's employees, employers and those facing retirement. One of the goals of My Community Care is to help fill the void in the lives of many hard working families by providing access to valuable benefits at an affordable cost. My Community Care, Inc. is not an insurance company. **This membership program is not insurance, nor is it designed to replace any insurance program.**

My Community Care Customer Service
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Questions or to enroll call:
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